

# MIOSHA Construction - Part 45 Fall Protection

## 1 Who Should Attend . . .

This seminar is a must for anyone concerned about health and safety on the job including:

- ▶ Managers concerned about liability and workers' compensation costs.
- ▶ Employees who want to learn proper techniques for protecting their safety and health at work.
- ▶ Business owners who want to learn about compliance with Michigan Occupational Safety and Health Administration (MIOSHA).

## 2 MIOSHA Training Institute

MIOSHA Consultation Education and Training (CET) Division and Macomb Community College (MCC) have developed the MIOSHA Training Institute (MTI) through a formal alliance.

The MIOSHA Training Institute introduced a new certification program, effective October 1, 2007. This course is an MTI Level 1 course. The certification program offers participants an opportunity to be recognized for their educational efforts and increased technical expertise.

Courses will be offered throughout the state in sponsorship with other M-TEC<sup>SM</sup> facilities, community colleges, and safety and health organizations. To learn more about the certification program, log-on to the CET Division website at [www.michigan.gov/mti](http://www.michigan.gov/mti).

## 3 What You'll Learn . . .

Attendees at this training will review the MIOSHA Part 45, Construction Safety Standard for Fall Protection including the latest OSHA and MIOSHA interpretations. Examination of recent fatal falls in construction and discussion of the latest fall protection techniques for construction will also be covered. Participants will also have the opportunity to ask questions. This class will also cover fall exposures for residential construction and MIOSHA fall protection criteria. In addition, there will be an explanation of the MIOSHA agency instruction for residential construction, a video on residential fall protection, and detailed instructions for builders, followed by a question and answer period.

### Agenda

*We offer a flexible  
program agenda  
to emphasize the  
construction  
topics you  
want most.*

- ▶ Short Introduction to MIOSHA
- ▶ Review the Scope and Table of Contents in Part 45
- ▶ Video
- ▶ Powerpoint with Part 45 Rules
- ▶ Show Fall Protection Equipment
- ▶ Questions & Answers
- ▶ Quiz

# Facilitator

James Dykes began his career with MIOSHA in 2001 as a compliance officer with the Construction Safety and Health Division. Although an effective compliance officer, Jim had an interest in the teaching and consulting aspects of MIOSHA. He joined the CET Division in December of 2004 as a traditional consultant specializing in construction safety. In his capacity as a construction consultant, Jim services the Upper Peninsula and several counties in the Lower Peninsula.

Previous to joining MIOSHA, Jim spent 23 years as an overhead line worker achieving journeyman status in that field. His specialty allows him to be an excellent resource in the transmission and distribution aspects of high voltage electricity. Jim especially enjoyed troubleshooting difficult situations in overhead line installation and replacement that not only got the job done, but also protected the workers doing this dangerous work. Jim brings this enthusiasm and expertise to his consultation and teaching assignments.



**James Dykes**  
*Senior Construction Safety Consultant,  
MIOSHA, CET Division*

## Program Details

DATE:	January 29, 2009	TIME:	Check-in - 8:30 a.m. Program - 9:00 a.m. to 3:30 p.m.
LOCATION:	M-TEC <sup>SM</sup> at Bay College 2000 N. 30th Street Escanaba, Michigan 49829	DEADLINE:	Register by January 16, 2009 Please register early!
COST:	\$90 per person. Includes lunch and course materials.	CONTACT:	Renée Lundberg, 906.789.6902 x 1535 lundberr@baycollege.edu
Certification/Maintenance Points Available			

**COSPONSOR: M-TEC<sup>SM</sup> at Bay College**

If this valuable seminar doesn't fit with your schedule or position, please pass this flyer on to a colleague.

## How to Register

### MIOSHA Construction - Part 45 Fall Protection

Complete this information for each person registering:

- ▶ **Phone:** 906.789.6902 x 1227 or  
800.221.2001 x 1227
- ▶ **Fax:** 906.789.6921
- ▶ **Email:** dittricm@baycollege.edu
- ▶ **Mail:** M-TEC at Bay College  
2001 N. Lincoln Road  
Escanaba, MI 49829  
Attn: Mary Dittrich

Name: \_\_\_\_\_  
Home Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Phone: \_\_\_\_\_ Fax: \_\_\_\_\_  
Email: \_\_\_\_\_  
Birth Date: \_\_\_\_\_ (Needed for Registration)  
Print Credit Card Holder's Name: \_\_\_\_\_  
Credit Card # \_\_\_\_\_ Exp. Date: \_\_\_\_\_  
VISA ☐ MC ☐ Signature: \_\_\_\_\_

Please make checks payable to: M-TEC at Bay College

The meeting site and parking is accessible. Individuals attending the meeting are requested to refrain from using heavily scented personal care products, in order to enhance accessibility for everyone. People with disabilities requiring additional services (such as materials in alternative format) in order to participate in the meeting should call 517.322.1809. The Department of Labor & Economic Growth is an equal opportunity employer/program.

[www.michigan.gov/dleg](http://www.michigan.gov/dleg)